## Telehealth Bill No. LCO No. 3614 Testimony Submitted to the General Assembly July Special Session, 2020

## Date: July 23, 2020 Name: Jessica Uihlein Town: Uncasville, Connecticut

Senator Lesser, Representative Scanlon, Senator Kelly, Representative Pavalock-D'Amato, and distinguished members of the Insurance and Real Estate Committee: My name is Jessica Uihlein, and I am a therapist at Generations Family Health Center's Putnam site. Generations is a Federally Qualified Community Health Center that provides medical, dental, behavioral health and support services in eastern Connecticut. This part of Connecticut is extremely rural and lacks public or reliable transportation systems.

I wanted to share about a particular client of mine. She is an adult female who has epilepsy to such a degree that she cannot drive. In addition to benefiting from therapy to help with the mental health aspect of her epilepsy, she also has a pretty long trauma history. She's told me time and time again how helpful telehealth has been since she cannot drive. She also states that when things used to be in office the only taxi driver in Putnam made homophobic comments to her, so taking a taxi isn't a solution for her. Clients like her who cannot make it in to the clinic due to medical reasons need telehealth to continue!!

Thank you for your attention to this important issue. Providers like me have had tremendous success with telehealth, and we need to make access this kind of healthcare permanent so that we can provide healthcare services to all of the residents in Connecticut.